

INSTRUCTIONS FOLLOWING IMPLANT SURGERY
Dr. Jeffrey Doblin, D.M.D. Periodontist

Apply ice to the side of the face, alternating 15 minutes on and 15 minutes off. Ice reduces swelling for the first 24 hours. If swelling persists after 24 hours, use a warm compress, again alternating 15 minutes on and 15 minutes off.

If bleeding occurs, use the sterile gauze provided and apply pressure on the site, 15 minutes on and 15 minutes off until bleeding subsides.

Use pain medications and antibiotics as prescribed by Dr. Doblin.

Use the Peridex mouth rinse 2X daily, starting the day after surgery.

Use salt water rinses several times a day (teaspoon of salt in a large glass of water).

If you take prescription medications from your MD, continue unless otherwise instructed.

Try to eat a soft diet the week following surgery. The first 24 hours you should avoid temperature hot, cold, and spicy foods. Avoid pretzels, chips, seeds and popcorn.

For the first week, either use a Q-tip (dipped in Peridex) to swipe the implant site or just use mouth rinse.

If you wear dentures, try to wear only at work or socially the first week. If you need any adjustments, please call and you will be seen immediately for repair.

If your sutures loosen or fall out, don't be concerned unless there is bleeding. Call immediately for assistance.

Call immediately if you have any questions about your medications.

We will remove the sutures in one to two weeks following your surgery.

If you have any questions at all, please call Dr. Doblin at 610-996-4314.