Arestin Periodontal Treatment

Arestin is a locally administered antibiotic used for treatment of gum disease after a scaling and root planning or periodontal disease maintenance appointment. Arestin helps to reduce pocket depth in patients with periodontitis (gingivitis) and helps to improve gum health.

How does Arestin work on gum disease? Periodontal Disease is a chronic bacterial infection beneath the gum line. This infection breaks down the gingival tissue and bone supporting the teeth. If left untreated, it can lead to tooth loss. Arestin fights this bacterial infection. When placed in a periodontal pocket, Arestin maintains a high-level of antibiotic right at the gum disease site without exposing the rest of the body to antibiotics. This allows treatment using one-hundredth the usual pill-form dose. It directly fights the gum disease infection for 14 days.

Once you leave the office, Arestin continues to fight infection in the treated areas. To promote efficacy, please adhere to the following maintenance schedule:

For 30 minutes after treatment:

No eating or drinking.

For 12 hours after treatment:

Do not brush your teeth.

For 1 week after treatment:

Do not touch the sites treated with Arestin

Do not chew hard, crunchy, or sticky foods (such as carrots, taffy, or gum)

For 10 days after treatment:

Do not floss or use other tools to clean between the treated teeth

Mild-to-moderate sensitivity is normal. Contact us if you have severe pain or signs of an allergic reaction (such as itching or swelling

After 10 days, resume cleaning between the treated teeth on a daily basis.

Keep up with treatment: Schedule and keep all follow up appointments to help maintain control of periodontal disease.